EXPERIENCE OF GRADE III STUDENTS IN IMPLEMENTING THE CARING CODE IN NURSING STUDY PROGRAM

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ABSTRACT
Caring code is a guideline for how to implement good caring behavior. Students are the embryo of future leaders. Caring is one of the most important aspects of nursing while prospective nurses are studying nursing education, where teaching and instilling caring attitudes and behavior is very important so that it becomes their lifestyle so that they can be more confident, care more about others, and always give their best. for others. The aim of this research is to determine the experiences of grade III students in implementing the caring code at the STIKes Santa Elisabeth Medan nursing study program in 2023. This research uses a qualitative approach with phenomenological methods. Data collection was carried out using in-depth interviews with 9 questions. Participants were taken using the data saturation principle of 5 participants. The data analysis technique used is thematic analysis. The author collects data from respondents, first separating the completeness of participant statements 1 - 5Then the author wrote down the participant's statements in the form of a research transcript while adjusting the transcript with the recording results.Next, the author reads the interview transcript and quotes meaningful statements from all participants while giving color. The author tries to find the meaning of these key statements to form them into a category, the author tries to analyze and look for relationships between categories to find meaning/content and finally the author then brings together similar categories and groups them into a theme. Based on the results of direct interviews, the research results were obtained: Caring code is respecting fellow students. Caring code is providing wholehearted service to fellow students. Caring code is paying attention to students. Caring code is a student's sensitivity. Caring code is cooperation with students.

Keywords: caring; caring code; nursing students

INTRODUCTION

According to Karo (2019), caring is one of the most important aspects of nursing. Especially for nurses who meet patients every day. Where in carrying out their duties, nurses always try to provide full attention. Such as holding the patient's hand, listening to him, meeting all the patient's needs, and truly being present with the patient. Not only with patients, nurses also care about the patient's family members and always strive to provide good care to achieve the desired health. According to Potter & Perry in Tasalim (2021) , caring is a universal phenomenon that influences the way a person thinks, feels, and has influence with others. Caring facilitates a person's ability to recognize, make the person aware of the problem and find and implement a solution. Caring is also central to nursing practice According to Marriner & Tomey in Herwanti (2022) , caring is humanitarian knowledge, the core of ethical and philosophical nursing practice. Caring is not just a behavior, but caring is a way that has meaning and motivates action. Caring is also defined as actions aimed at providing physical

care and paying attention to emotions while increasing an individual's sense of security and safety.

According to Lee at all in Setiawan (2015) , apart from the United States, Asian countries such as Taiwan, Hong Kong, Korea, the Philippines and Iran have also conducted a lot of research on caring in nursing educational institutions. According to Po-Ying and Man-Chun (2009), it turns out that in Taiwan there has also been development of a curriculum about caring , showing the results that students' understanding of caring is much better and students' caring behavior is getting better and more positive. The use of interdisciplinary seminars in developing caring also shows a positive effect in increasing the caring behavior of nursing students. According to Setiawan (2015) , the phenomenon that occurred in Indonesia shows that research on caring has not yet been widely published, especially caring in nursing education. Nursing educational institutions in Indonesia, be it programs from any department. This causes nurse graduates produced by educational institutions in Indonesia, especially nursing, to not be able to display caring behavior completely so that the quality of nursing services they provide when working in hospitals is still relatively low.

Nursing education must be able to provide the best model regarding correct caring behavior. Caring in nursing education and nursing practice is not a new concept, students can learn caring through modeling caring behavior in the learning environment (faculty) and exemplified by their lecturers during learning activities. While prospective nurses are studying, teaching and instilling caring attitudes and behavior is very important so that it becomes their lifestyle so that they can be more confident, care more about others, always give the best for others (Kusnanto, 2019) . To maintain the dignity and well-being of patients and alleviate suffering, it is important that health care providers engage in implementing caring behaviors . Every year there are more and more complaints from patients about health care providers for their lack of care. Therefore, it is important to increase a student's high level of caring, both verbally and non-verbally, to overcome this problem (Martensson, 2020)

According to Setiawan (2015) , improving a person's behavior also needs to be done by taking a good approach to each individual, and also continuously coordinating with various parties, including structural officials. In this way, whenever the right opportunity arises, the step-by-step activities in the caring code development process can be carried out well According to Sumarni (2021) , nursing students in carrying out nursing practice need to be introduced to real clinical conditions. Nursing students need knowledge and confidence in themselves to be able to behave and act as a nurse. There are four central components in teaching about caring , namely role modeling , conversation, practicing caring and providing feedback when caring behavior occurs . According to Livianita (2015) , education and training greatly influence an individual's emotional intelligence because a person's emotional intelligence is not a potential that is innate but is something that can be learned. Therefore, it is necessary to increase the focus of education so that a commitment to maintaining caring as a central value emerges. The findings show that the higher the level of knowledge and experience possessed by students, the better the understanding and caring behavior provided to patients. The higher the level of knowledge and experience possessed by students, the better the understanding and caring behavior provided to patients. So the aim of this research is to find out the experiences of grade III students in implementing the caring code in the Santa Elisabeth Medan STIKes Nursing Study Program in 2023.

METHOD
This research uses a qualitative method where data collection is carried out using interviews with 9 questions so as to be able to dig deeper into the caring code . The research design used in this research uses a phenomenological approach. The principle of data collection in qualitative research is to achieve data saturation. That is, no new information will be obtained by further data collection (Polit & Beck, 2017) . Determining participants is based on the author's needs , but in practice it will be adjusted to the data saturation achieved, so that it will be more effective and efficient in carrying out research which usually has limitations on the overall research completion time. The number of participants in qualitative research using the phenomenological method is usually less than 10. So in this study 5 students were used as participants, considering that data saturation had occurred. In this research the author uses thematic analysis using manual techniques, which is a very effective method if a researcher intends to examine in detail the qualitative data they have, in order to find interrelationships between patterns in a phenomenon and explain the extent to which a phenomenon occurs through research glasses.

The author collects data from respondents, first separating the completeness of participant statements 1 – 5. Then the author wrote down the participant's statements in the form of a research transcript while adjusting the transcript with the recording results.Next, the author reads the interview transcript and quotes meaningful statements from all participants while giving color. The author tries to find the meaning of these key statements to form them into a category, the author tries to analyze and look for relationships between categories to find meaning/content and finally the author then brings together similar categories and groups them into a theme.

RESULTS
From the results of research conducted on 5 participants regarding the caring code.

***Caring code* is respecting fellow students**
From the results of research conducted by interviewing 5 participants, it can be concluded that the participants said that " *caring code* is respecting fellow students" The statement above is the result of interviews with 5 participants. With the following statement: Quotes from participants:

P1	L16	*Caring code is where when learning is taking place, we are disciplined and don't make a fuss (**while explaining with a meaningful look**)*
		Caring code also means not making noise in the room
	L19	
	L22	*Caring code is being punctual in doing something (**while moving your hands**)*
	L26	*Don't disturb friends while learning is taking place, and focus on listening to the lecturer (**while holding both hands**)*
	L34	*Caring code also means that we reduce the volume of our voice when a friend is asleep (**explain carefully**)*
	L39	*Caring code is being on time to class*
P2	L403	*Listen when your friend is talking, don't interrupt the conversation*
	L425	*Caring code is respecting friends' opinions (**while thinking**)*
	L455	*Caring code also means that we don't laugh at our friends when they are wrong (**accompanied by a smile**)*
	L184	*Caring code is respecting people who are older than us*
	L402	*Caring code also means listening when a friend talks*
P3	L724	*Caring code is when we are able to accept people who are different from us (**while looking up**)*
P4	L1213	*When friends convey criticism, we accept it well because it can make us better in the future*
	L274	*Caring code is respecting friends' opinions*

	L297	*We don't laugh at what other people say, but we listen carefully*
	L311	*Caring code is keeping promises to friends*
P5	L777	*Caring code is being polite, not judging friends, and taking care of each other's behavior (**while looking to the left**)*
	L785	*Caring code is being punctual in carrying out an activity*
	L800	*Caring code is respecting friends' different opinions*
	L815	*Caring code is keeping promises to friends*

Caring code is providing wholehearted service to fellow students

From the results of research conducted by interviewing 5 participants, it can be concluded that the participants said that " *caring code* is providing wholehearted service to fellow students". The statement above is the result of interviews with 5 participants. With the following statement:

Quotes from participants:

P1	L197	*Caring code is being willing to accept our own mistakes, being willing to accept reprimands from others*
	L253	*Caring code is described as wholeheartedly doing the task*
P2	L479	*Caring code is listening to the lecturer wholeheartedly*
	L561	*Carrying out the work given by the dormitory mother wholeheartedly (**accompanied by a smile**)*
	L604	*Accept wholeheartedly the presence of new people*
	L616	*Caring code is studying seriously*
P3	L884	*Doing group assignments without being asked beforehand*
	L990	*Caring code also means helping a friend without expecting anything in return (**serious face**)*
	L1000	*Caring code is being sincere in doing group assignments*
P4	L1524	*Caring code is accepting reprimands sincerely*
	L1594	*Caring code means learning seriously*
P5	L1847	*Carry out tasks seriously*
	L1950	*Caring code is accepting reprimands sincerely*
	L1955	*Accept everything sincerely*

Caring code is paying attention to students

From the results of research conducted by interviewing 5 participants, it can be concluded that the participants said that " *caring code* is paying attention to students". The statement above is the result of interviews with 4 participants. With the following statement:

Quotes from participants:

P1	L26	*The lecturer's listening focus is also described by the definition of caring code*
	L41	*Caring code is described as taking learning seriously (**while looking at the door**)*
	L102	*Caring code means we give feedback on friends' mistakes*
	L154	*Caring code is offering help to group friends*
	L165	*Caring code is also described as providing comfort to a friend who is heartbroken, supporting each other, comforting him (**while smiling**)*
P2	L528	*Adding material to group assignments, comforting friends who are sad (**serious**)*
	L544	*Caring code is to provide comfort to friends who are sad*
P3	L896	*Ask group friends about material that is not ready*
	L1155	*Caring code is helping friends who are in trouble*
P5	L1896	*Telling friends about material they don't understand*
	L2009	*Caring code is helping a friend who is in need of something*

Caring code is a student's sensitivity

From the results of research conducted by interviewing 5 participants, it can be concluded that the participants said that " *caring code* is student sensitivity". The statement above is the

result of interviews with 4 participants. With the following statement: Quotes from participants:

P1	L34	*The caring code also means reducing the sound volume when your friend is asleep*
	L358	*Caring code is being sensitive to the environment so as not to be disturbed*
	L374	*The caring code is also described as being careful in talking to friends, taking care of friends' feelings*
	L381	*Pay attention to the surrounding environment, keep the environment looking clean*
P2	L697	*Caring code also means asking about the condition of a friend who suddenly cries (**while looking to the right**)*
P4	L1465	*Prepare immediately what is needed without being asked*
	L1723	*Caring code is paying attention to the surrounding environment*
	L1754	*Caring code is being sensitive to the environment in which we are*
P5	L2010	*Caring code is giving appreciation to yourself*
	L2037	*Caring code is helping friends who don't understand the learning material (**with a smile**)*

Caring code is collaborating with students

From the results of research conducted by interviewing 5 participants, it can be concluded that the participants said that " *caring code* is collaborating with students". The statement above is the result of interviews with 3 participants. With the following statement:
Quotes from participants:

P1	L40 L126	*Caring code means also participating, asking group friends, helping answer questions*
		*Caring code is collaboration with friends, both looking for material to work on (**while moving their hands**)*
P2	L524	*Take on a role. Divide the work, and do it together (**smile**)*
P5	L1907	*Caring code is working together with friends, sharing tasks*
	L1995	*Caring code is establishing good communication with friends, accepting other people, mingling with other people*

DISCUSSION
Caring code is respecting fellow students

Caring code is respecting fellow students (when learning is taking place we are disciplined, don't make a fuss, be punctual in doing things, don't disturb friends while learning is taking place, focus on listening to the lecturer, listen when friends are talking, don't interrupt the conversation, respect friends' opinions, don't laugh at friends when we are wrong, respecting people who are older than us, being able to accept people who are different from us, accepting criticism given by friends well, keeping promises to friends, being polite, not *judging* friends, and taking care of each other's attitudes). The author assumes that *the caring code* is a form of behavior of mutual respect/respect for fellow students, especially one generation who meet almost every day. Where students should have empathy with other people, be able to maintain their behavior towards fellow students, be able to accept people who are different from ourselves, be able to keep promises to friends, be able to take action on time, not disturb friends or people around us, and understand differences Different perceptions between students.

The author also assumes that respecting fellow students is a *caring behavior* in which students are expected to be able to respect others, pay attention, and be able to take timely action This is also supported by the opinion which states that the longer the caring interaction between students in one class, the better they should be, being able to take appropriate actions in various situations, understand themselves and others, have empathy for others and understand

a person's attitudes and behavior (Sulisno, 2020) .*Caring* starts from *caring* for yourself and then extends to caring for someone closest to you, such as a friend. Nursing students are required to be able to apply *caring* to prepare them to become nurses in the future. One way is to respect fellow friends. Respecting peers is an indicator of the development status of a nursing student's caring attitudes and abilities (Sari, 2019) .

Caring code is providing wholehearted service to fellow students
Caring code is providing wholehearted service to fellow students (we are disciplined, don't make a fuss in class, willingly accept our own mistakes, willingly accept reprimands from others, listen to lecturers wholeheartedly, study seriously, help friends without expecting anything in return, do assignments group without prior prompting, be sincere in carrying out group assignments, accept everything sincerely). The author assumes that *the caring code* is that students are able to show sincerity in doing various things. *Caring* behavior in students can be developed while students are studying at college, the student's ability to give a sincere heart in doing or acting. Shows genuine attention in the activities he carries out. The author also assumes that students' *caring behavior* is mostly reflected while students are in the campus environment where they study, where students are able to do their work wholeheartedly.

This is also supported by the opinion which states that caring behavior in students can mostly be depicted while students are in the campus environment where they study, both in the learning process in class and outside of class. Where good *caring* is one of the results of a person's ability to show genuine attention to others and willingness to provide assistance (Lumbantobing, 2019) . *Caring* is not only behavioral, but *caring also contains 3 things that cannot be separated* , namely attention, responsibility and being done sincerely. *Caring* can be demonstrated through behavior such as students studying wholeheartedly, doing work happily, and showing true behavior towards friends, lecturers, teaching staff and the environment (Nusantara, 2018) .

Caring code is paying attention to students
Caring code is giving attention to students (we give feedback on friends' mistakes, offer help to group friends, provide comfort to friends who are heartbroken, add material to group assignments, comfort friends who are sad, ask group friends about material that is not ready , helping friends who are in trouble, paying attention to the surrounding environment, telling friends about material they don't understand, and helping friends who need something). The author assumes that *caring code* can also be interpreted as giving attention to students by being able to comfort friends who are sad, giving input to friends, being able to offer help, providing comfort to friends, and being able to pay attention to the surrounding environment. The author also assumes that one of the *caring behaviors* that students can demonstrate is paying attention, such as helping others , offering help, not judging and comforting friends who are sad.This is also supported by the opinion that *caring* is an effort to protect, increase and maintain/perpetuate a sense of humanity by helping other people, not judging, caring both interpersonally and intrapersonally, and helping each other and various things. Just as the definition of *caring* is a different way for humans to be present, attentive, aware and done intentionally (Mulyaningsih, 2018) Giving attention to fellow students is also a form of caring towards other people. In the form of paying attention to other people, respecting other people's self-esteem, giving more and consistent attention, and respecting other people (Shanti, 2019) .

Caring code is a student's sensitivity

Caring code is sensitivity to students (reducing the volume of the voice when friends are sleeping, being sensitive to the environment so as not to be disturbed, being careful when talking to friends, taking care of friends' feelings, paying attention to the surrounding environment, asking about the condition of friends who suddenly cry, preparing immediately what what is needed without being asked, being sensitive to the environment in which we are, giving credit to ourselves, and helping friends who don't understand learning). The author assumes that *caring code* is sensitivity to students, where it is hoped that students will be able to show sensitivity to the surrounding environment, be able to be sensitive to other people, and be able to care for themselves. The author also assumes that sensitivity to students is also one of the *caring code behaviors* towards students. Where students are able to pay attention to friends, other people, or the environment. Being able to take care of oneself, such as giving rewards for achievements, and showing an attitude that pays attention to the surrounding environment and is immediately responsive in responding to situations.

This is also supported by the opinion that *caring behavior* begins to be fostered from an early age where students learn to socialize with the environment, become good listeners, understand the problems faced by friends, show behavior that gives direct attention, and are immediately sensitive to the environment (Ana, 2019) . *caring* attitude can be possessed by students who are undergoing an educational process that begins to be cultivated from an early age where students learn to socialize with the environment, develop a sense of concern for others, and are sensitive to other people's feelings (Astari, 2018) .

Caring code is collaborating with students

Caring code is cooperation with students (collaboration with friends, both looking for material to work on, taking roles, dividing work and doing it together, establishing good communication with friends, accepting other people, and mingling with other people. other). The author assumes that *the caring code* is cooperation with students, where it is hoped that people will be able to do tasks together, be able to share work with friends so that they can quickly finish discussions with friends, and be able to help each other with group friends when they are in trouble. The author also assumes that collaborating with students is a reflection of *caring behavior* . Where students, in their learning process on campus, are able to collaborate because collaboration is the most important thing in learning, where they are usually divided into several groups and get the same assignments . So, with cooperation within the group, it is hoped that they will be able to achieve good goals.

This is also supported by the opinion that says that every student should be able to understand each other's personality in order to work together with each other. The importance of this is to strengthen cooperation and communication within a group so that it will form better social support between friends (Nursalam, 2021) . In a learning process, cooperation is needed because cooperation is the most important fact in learning. In this case, student learning will be directed to being in study groups, with the aim that students interact with each other so as to strengthen the values of caring and cooperation in the learning process (Sukma, 2020) .

CONCLUSION
Based on results research with a total of 5 participants, the experience of level III students in implementing the caring code in the STIKes Santa Elisabeth Medan nursing study program in 2023 can be concluded that: Caring code is respecting fellow students in the STIKes Santa Elisabeth Medan nursing study program in 2023. Caring code is providing wholehearted service to fellow students in the STIKes Santa Elisabeth Medan nursing study program in

2023. Caring code is giving attention to students in the STIKes Santa Elisabeth Medan nursing study program in 2023. 2023. Caring code is the sensitivity of students in the STIKes Santa Elisabeth Medan nursing study program in 2023. Caring code is collaborating with students in the STIKes Santa Elisabeth Medan nursing study program in 2023. Suggestions for further research can be used as basic data in developing subsequent research, especially those related to nursing students' caring code .

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